# What's happening

January/February 1985
A bimonthly calendar of public events at UC-San Francisco. Please come and enjoy.

## COMMUNITY HEALTH EDUCATION PROGRAMS

All lectures are free and geared to senior citizens. Topics are subject to change. For a complete listing of topics call 666-3206.

***January***

**Use & Abuse of Prescribed Drugs.** California League for the Handicapped, 1299 Bush St.

**Use & Abuse of Prescribed Drugs.** Francis of Assisi Community Center, 145 Guerrero St.

**Respiratory Problems & Care.** Haight Ashbury Senior Center, 1350 Waller St.

**Weight Control & Diet: A Healthy Outlook.** Seventh Ave. Presbyterian Senior Center, 1329-7th Ave.

***February***

**Over-the-Counter Drugs.** California League for the Handicapped, 1299 Bush St.

**Nutrition.** Francis of Assisi Community Center, 145 Guerrero St.

**Special Needs for Elderly Women in Health Care.** Haight Ashbury Senior Center, 1350 Waller St.

**Kidney-Urinary Tract.** Seventh Ave. Presbyterian Senior Center, 1329-7th Ave.

## CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, January 8, 15, 22 and 29, and February 5, 12, 19 and 26. Meet in the lobby of the Medical Sciences building, 513 Parnassus Ave. For further information call 666-4394.

## BROWN BAG TOURS/ LECTURE SERIES

All lectures are free and held on Wednesdays at noon in Room 301 Health Sciences West (enter through 513 Parnassus Ave.). Tapes of all talks are available for listening in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 666-4394.

Jan. 2: **Psychodynamics of Overeating.** A healthy non-diet resolution to start off the New Year!

Jan. 9: **Can You Prevent Cancer?** Realistic guidelines for developing cancer-preventive life habits.

Jan. 16: **Care & Keeping of Your Voice.** Learn how to avoid strain on your vocal cords & produce a clear, pleasant voice.

Jan. 23: **Charisma: What it Looks Like—& How to Get It.** Ten ingredients of charisma: how to unlock it for personal power & professional success.

Jan. 30: **The Search for Extraterrestrial Intelligence.** An examination of broad questions about the nature & detection of extraterrestrial life.

Feb. 6: **How to Create & Maintain Peer Support Groups.** A unique way for people with common backgrounds or personal issues to effect change.

Feb. 13: **Slim Cookery.** Learn some of the basic elements of cooking "slim" without sacrificing flavor.

Feb. 20: **Nature & Treatment of Social Anxieties.** To include fear of embarrassment in social & work situations, eating, speaking in public & being observed while learning something new.

Feb. 27: **Trends in Medicare & MediCal.** Are we actually decreasing health care for the elderly?

## SPECIAL EVENTS/DATES

Thurs., Jan. 3: **Millberry Union's Registration for Children's & Adult Classes.** New classes include A.M. Aerobics, Daytime Jazz & Cooking with Garlic. Millberry Union Central Desk, 500 Parnassus Ave. 8 a.m.-2 p.m. & 4-7 p.m. For further information and a free brochure call 666-1800.

Wed., Jan. 9, 30 & Feb. 13: **Neck & Back Self-Care Class.** $3. Rm. N 417 (enter through 521 Parnassus Ave.). Noon-1 p.m.

Mon.-Wed., Jan. 14-16: **1985 Ethel & Jane Sokolow Visiting Scientist Lectures:** Presented by Phil Leder, Genetics, Harvard. **Misplaced Oncogenes.** Cole Hall, 513 Parnassus Ave. 2-3 p.m. Mon., Jan. 14; **Molecular Genetics & the Analysis of Certain Human Lymphomas.** Cole Hall, 513 Parnassus Ave. 10:30 a.m.-noon. Wed., Jan. 16.

Wed., Jan. 16: **Nutrition.** A free Community Health Education Lecture. Toland Hall, 533 Parnassus Ave. 7:30-9 p.m. Free parking available. Call 666-3206 or 666-2571.

Tues., Jan. 22: **Lecture/Slide Presentation: Mountains of North America.** Mountaineer Fred Beckey. HSW 301 (enter through 513 Parnassus Ave.). Noon. Free.

Wed., Jan. 23: **Twilight Concert: Annamarie & John McCarthy—Piano Duo.** Students & Millberry Union members $3; general $4. Millberry Union Lounges, 500 Parnassus Ave. Reception, 5 p.m., Concert 5:45-7 p.m.

Mon., Jan. 28: **Campus Blood Drive.** Blood may be given in Millberry Union main lounge, 500 Parnassus Ave., from 8 a.m.-3 p.m., or on the mezzanine level of the School of Nursing building, 521 Parnassus Ave. from 11 a.m.-5:30 p.m. For further information call 666-4394.

Thurs., Jan. 31: **UC's Institute on Global Conflict & Cooperation Seminar: A Finnish View of the East-West Crisis.** Jorma K. Miettinen, University of Helsinki. HSW 301 (enter through 513 Parnassus Ave.). 3-4:30 p.m.

Fri., Feb. 1: **Institute for Health Policy Studies Brown Bag Seminar: Chemical Warfare.** Jorma K. Miettinen, University of Helsinki. 1326 Third Ave. Noon-1:30 p.m.

Mon., Feb. 4: **Midpoint Registration for Millberry Union Classes.** Half off on all classes not already filled. Millberry Union Athletic Desk, 500 Parnassus Ave. 9 a.m.-8 p.m. Call 666-1800.

Fri., Feb. 8: **Theatre Presentation: Malpractice, or Love's the Best Doctor.** Dell'Arte Players Company. Students & Millberry Union members $5, general $7. Millberry Union Gym, 500 Parnassus Ave. 8 p.m.

Wed., Feb. 13: **Chancellor's Distinguished Lectureship for the Public Understanding of Science.** Cristine Russell, *Washington Post.* Cole Hall, Medical Sciences building, 513 Parnassus Ave. 3 p.m. For details call 666-2557.

Wed., Feb. 13: **The Skin & How It Ages.** A free Community Health Education Lecture. Toland Hall, 533 Parnassus Ave. 7:30-9 p.m. Free parking available. Call 666-3206 or 666-2571.

Thurs., Feb. 14: **Black History Month Dance Performance: U-Zulu Dance Theater of South Africa.** Millberry Union Gym, 500 Parnassus Ave. Noon-1 p.m. Free.

Wed., Feb. 20: **Twilight Concert: The Stanford String Quartet.** Students & Millberry Union members $3, general $4. Millberry Union Lounges, 500 Parnassus Ave. Reception 5 p.m., Concert 5:45-7 p.m.

Feb. 22: **Theatre Presentation: Eric Christmas in Shakespeare's "Second Bananas."** HSW 301 (enter through 513 Parnassus Ave.). Noon. Free.

## NEW VOLUNTEERS ORIENTATION

To acquaint new & prospective volunteers with opportunities at UCSF. Call 666-1196.

Tues., Jan. 8. Toland Hall, 533 Parnassus Ave. 1-3:30 p.m.

Mon., Jan. 21. Clinical Sciences building, Rm. 130, 521 Parnassus Ave. 6-8 p.m.

Wed., Feb. 6. Toland Hall, 533 Parnassus Ave. 1-3:30 p.m.

Tues., Feb. 19. Clinical Sciences building, Rm. 130, 521 Parnassus Ave. 6-8:30 p.m.

## COLE HALL CINEMA

All films are shown in Cole Hall, Medical Sciences building, 513 Parnassus Ave. Children under 14 $1.50, UCSF students & Millberry Union members $2, general $2.50. For further information call 666-2571.

Fri., Jan 4: **Silkwood.** 6:30 & 9 p.m.

Thurs., Jan. 10: **Carmen.** 5:45 p.m.

Fri., Jan. 11: **Carmen.** 6:30 & 8:30 p.m.

Fri., Jan. 18: **The Natural.** 6:30 & 9 p.m.

Sat., Jan. 19: **The Natural.** 8 p.m.

Fri., Jan. 25: **The Trouble With Harry.** 6:30 & 8:30 p.m.

Fri., Feb. 1: **Indiana Jones & The Temple of Doom.** 8 p.m.

Sat., Feb. 2: **Indiana Jones & The Temple of Doom.** 8 p.m.

Thurs., Feb. 21: **El Norte.** 5:45 p.m.

Fri., Feb. 22: **El Norte.** 6:30 & 9 p.m.

Fri., Mar. 1: **Never Cry Wolf.** 6:30 & 8:30 p.m.

## GREAT ESCAPES

Registration deadline is two weeks before each outing. Register at Millberry Union Central Desk, 500 Parnassus Ave., by Fri., Jan. 4, or at the Athletic Desk (same address) after this date. For more information call 666-1800.

**Tahoe Ski Getaway.** South Lake Tahoe townhouse (sleeps 10). Weekends, Jan. 25-Mar. 3. Special group rates available.

**Scuba Diving.** Thurs., Feb. 2-Mar. 28. HSE 336 (enter through 513 Parnassus Ave.) & Millberry pool, 500 Parnassus. 7:30-10:30 p.m.

**Whale Watching.** Sat., Jan. 26, Feb. 3 & 16. Half Moon Bay. 9-11 a.m.

**Horsemanship.** Tues. & Sun., Feb. 19-Mar. 10. Golden Gate Stables. 5-6:30 p.m.

## WOMEN'S RESOURCE CENTER EVENTS

All events are free and held from noon-1 p.m. Call 666-5863 for information.

Thurs., Jan. 10: **Who We Are: A History of Black Women Writers in America.** Gabrielle Daniels, SF poet. Rm. S 1364, 513 Parnassus Ave.

Tues., Jan. 22: **Talking to Your Children About Sexual Assault.** Trisha Brinkman, self-defense instructor. HSW 302 (enter through 513 Parnassus Ave.).

## ART EXHIBITS

**UCSF Hospital Auxiliary Exhibit.** On display for the month of January in the lobby of Moffitt Hospital, 505 Parnassus Ave., will be etchings, oil paintings and photographs. A portion of all proceeds benefits UC Hospitals & Clinics patients. For February's schedule or to purchase or reserve work, visit the Auxiliary Office, next to the cashier, Moffitt Lobby, 10 a.m.-2 p.m. or call 666-4906.

**Faculty/Alumni Exhibit.** On display through February are works by painter Chester Arnold & photographer Tori Hafer. Faculty/Alumni House, 745 Parnassus Ave. 9 a.m.-5 p.m.

**Family Health Gallery.** Features photographic studies produced by the Department of Family Health Care Nursing's Visual Media Research. Fourth floor, School of Nursing building (enter through 521 Parnassus Ave.). Open Mon., Wed. & Fri. Noon-1 p.m.

## SELF DEFENSE CLASSES

Class size is limited & pre-registration is required. Fees must be received prior to the class or the space will be reassigned. Fees will be refunded if cancellation takes place one week prior to the class starting date. For further information & pre-registration call 666-5683.

**Women's 5-Week Review Class.** Mon., Jan. 28-Mar. 4. 6:30-8:30 p.m. $25.

**Women's 8-Week Classes.** Tues., Jan. 29-Mar. 19 & Wed., Feb. 6-Mar. 27. 6:30-9:30 p.m. $45.

**Women's One-Day Workshops.** Sat., Jan. 26 & Mar. 16. 9 a.m.-5 p.m. $30.

## FOLK DANCING

Learn folk dancing from various parts of the world. No partner needed and everyone is welcome to attend. Held every Tuesday in the Millberry Union Gym, 500 Parnassus Ave. 1-2:15 p.m.

## OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

An outdoors adventure series for the neighborhood and campus community featuring several activities, including ski weekends at South Lake Tahoe, backpacking, sailing and birdwatching. For further information call 666-2078.

UCSF
University of California, San Francisco
...A Health Sciences Campus

# To our neighbors

January/February 1985
A summary of recent news stories from the University of California, San Francisco...A Health Sciences Campus.
Volume 10, Number 1

## Welcome...

to the expanded "To Our Neighbors," a bimonthly publication covering the latest news items and public events offered by the University of California, San Francisco. We hope you will find that we are more than just the "Med Center" on the hill. We'd like to invite you to come to our campus for the many lectures, films, tours and special events that we want to share with you. And we hope you enjoy reading about the latest UCSF news and achievements that make us what we are today—a health sciences campus dedicated to patient care, teaching, research, and public service. We hope you enjoy this publication.

## Werdegar Named Interim SF Health Director

Mayor Dianne Feinstein has recommended David Werdegar, MD, MPH, as interim Public Health Director to the new Health Commission convening January 15. The appointment is for six months while the mayor makes a permanent selection for San Francisco's top health officer.

Werdegar is associate dean for the UCSF School of Medicine at San Francisco General Hospital, and was among the officials most actively involved in restoring the hospital's medical standards after a critical state report threatened the loss of its accreditation early last year.

## Kaufman Gets Royer Award

I. Charles Kaufman, MD, a world leader in the study of how bereavement affects health, has won the 21st annual J. Elliott Royer Award and its $15,000 cash prize.

UCSF professor and vice chair of the Department of Psychiatry and chief of the psychiatric service at the Veterans Administration Medical Center, Kaufman was honored for decades of pioneering research on anxiety, depression, and their role in physical illness, as well as for his administrative contributions at the VAMC.

## Help for the Deaf

A new cochlear implant—a four-channel electronic device developed by UCSF researchers—is now in clinical trials and shows great promise of providing speech recognition to persons who are profoundly or totally deaf.

Manufactured and distributed by Storz Instrument Company of St. Louis, the device is superior to previous models because it provides the greatest possibility for deaf persons to comprehend speech without lip-reading cues. It represents the optimum design currently available in terms of safety, reliability, biocompatibility and multichannel stimulation, according to the UCSF researchers.

## UCSF and Mount Zion Enter Agreement

UCSF and Mount Zion Hospital and Medical Center have signed an agreement committing the two institutions to a lasting interdependent relationship in patient care programs and services, in education and in research, it was announced in December by Tully M. Friedman, chair of the board of Mount Zion, and UCSF Chancellor Julius R. Krevans, MD.

Under the agreement, a Joint Program and Planning Board, composed of six representatives of the leadership of each institution, will spend the next six months working out a "strategic plan" to accomplish consolidation and coordination of program and resources for the benefit of the communities they serve, Friedman and Krevans declared.

Goals of the strategic plan will be for the "optimal utilization of the combined resources of the two institutions, including the future use of physical facilities." The plan will be predicated upon the "unique qualities of both organizations and the patients they serve."

The objectives of the Strategic Plan, the agreement states, will be:

- To plan the consolidation of clinical activities, at the appropriate location, that will benefit the community and remain consistent with the educational mission of both institutions. Such planning shall take into account the efficiency and effectiveness of the consolidated services and shall insure the continued maintenance of high quality patient care, responsiveness to community need and educational objectives.
- To develop a plan for coordinated services, new programs and joint health care ventures.
- To create a novel and unique relationship between a voluntary community hospital and UCSF by establishing Mount Zion, along with SFGH, the VAMC and UCSF Hospitals and Clinics, as an integral part of a network for patient care, education and research.

The closer relationship called for between the two institutions under the new agreement, Friedman and Krevans explained, is a direct response to the changing health care environment in a city where the number of physicians in practice and the number of acute care hospital beds exceed the need for both, and where health care cost containment has become an urgent priority.

"The reason Mount Zion and UCSF are moving to work together," said Friedman and Krevans, "is because both have demonstrated for years a commitment to excellence in patient care, teaching and research, and especially to community service and the care of the poor.

"Consolidation and coordination of patient programs and services means we will be able to build on the strengths of the two institutions."

## Nursing Education

Nurses in the community are invited to participate in the wide range of continuing education courses offered by the UCSF Nursing Education and Research Division in the School of Nursing. For further information call 666-2993.

*(More news items on back page)*

## Screening & Acute Care Clinic—Our "Front Door"

If you have ever needed medical care and did not know where to go, UCSF's Screening and Acute Care Clinic is probably the place to start. Located on the main floor of the Ambulatory Care Building, 400 Parnassus Avenue, the clinic is open weekdays 8 a.m. to 6 p.m. and Saturdays to 4:30 p.m.

The SAC Clinic staff specializes in the management of common problems—from dermatitis to diarrhea, headaches to herpes, vertigo to vaginitis. More complex medical needs requiring ongoing care are referred to UCSF's specialty and subspecialty clinics.

Under the direction of Robert Baron, MD, patient care is provided by UCSF's internal medicine faculty, resident physicians and nurse practitioners. Although full laboratory, x-ray and pharmacy services are available, the staff prides itself on its ability to keep costs down and patient education up.

For further information call 666-4602.

## People Who Read & Write Chinese Needed

Persons who read and write Chinese are needed for a UCSF study aimed at preventing depression.

Director of the project is Ricardo F. Muñoz, PhD, UCSF associate professor of psychology at SFGH. It is one of the few studies in the country aimed at preventing depression before it occurs, rather than treating the problem after it has developed.

Participants can earn up to $60 by filling out questionnaires and completing a total of six interviews. Half of the members also will be randomly assigned to attend an eight-session class that will cover tested methods of coping with stress and depression.

For further information call Florentius Chan at 821-8646.

## Be Cavity Carefree

The UCSF School of Dentistry now offers a Preventive and Family Dental Service committed to teaching individuals the best ways to prevent various types of dental disease such as cavities, gum disease and tooth loss.

Nutritional counseling, plaque control methods, fluoride treatments, self-checks for oral cancer, professional dental cleanings and regular dental examinations are stressed by a staff of dentists and dental hygienists and suggestions are made for any necessary dental treatment.

Offices are located in Room D 1050 on the first floor of the School of Dentistry building, 707 Parnassus Avenue. To make an appointment call 666-1536.

## 24-Hour Toxic Hotline

Information on the health effects of toxic substances in the environment is now available to medical and emergency personnel and the general public. The SF Bay Area Regional Poison Control Center at SFGH has established a new Toxic-Info Center and 24-hour hotline, 800-233-3360, providing information on potential health hazards from chemical spills, water and food supply contamination, fires, radiation exposure, industrial accidents and toxic waste disposal.

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Rush—Time Dated
January—February, 1985

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New and Public Information Services
532 Parnassus Avenue, San Francisco, CA 94143